

“SAFE PLACES” MAP	‘I feel a little bit safe’ 	‘I feel fairly safe’ 	‘I feel totally safe’ 
Who are the people with whom you feel safe? <i>E.g. family, teachers, friends</i>			
Where specifically do you feel safe? <i>E.g. places, rooms, outdoors, locations</i>			
What safe places do you go to in your mind? <i>E.g. A favourite picture, memory or colour</i>			